







David Beer— Club Manager Treasurer



Jill Yates Membership Secretary Club Safety Officer



Robin Storkey



Julie Cundy



Cayley Parsons— Working Equitation Representative



Lynne Watson -Club Secretary Newsletter Editor



Lara Squires— Dressage Teams and Fund Raising



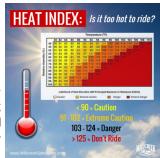
A small friendly club based in the area around Worthing/Goring, affiliated to British Riding Clubs and part of Area 13.

Summer 2018

Welcome to the Summer edition of the GDRC Newsletter

Phew—what a scorcher!

As horse owners we seem to be more than averagely dependent on the weather. I have never been so obsessed with hourly checking of weather apps since owning a horse and like the rest of the British population we are never satisfied with the weather we've got! It's too wet and we are up to our knees in mud, our horses are getting mud fever, their hooves are getting too soft and they lose their shoes. It's too dry and the ground is too hard, the flies are too annoying, their hooves get too brittle and they lose their shoes!



Sadly a couple of the events the club had planned for this year have had to be cancelled due to the hard ground and, though we hate to disappoint our members, the safety of horses and riders is our most important consideration and members have been super understanding. That being said, we have continued to hold our very successful dressage competitions at Brinsbury, and sent three teams of four riders to the **Area Dressage Qualifier** at East Byshee in July. Special thanks need to go to Lara Squires for her tireless enthusiasm for putting together dressage teams, organising training and generally being an awesome member of the club.

We have been less successful with putting together any teams for Area jumping competitions and haven't been able to send any teams this year. We are still looking for an enthusiastic Show Jumping Manager—someone with a passion for jumping and who would like to get involved with helping our members fulfil their jumping aspirations. **Could you be that person?** If you think you could, contact David Beer for an informal chat.

Working Equitation

GDRC was one of the first, if not the first, riding clubs to introduce Working Equitation to grass roots riding club level and we are lucky enough to have the British Headquarters right here in Sussex at Wanley House. But what is Working Equitation?

This is what the Association of British Working Equitation has to say about this fun equestrian sport -

"The sport of Working Equitation is the ultimate outcome of the development of the horse as a working animal.

Horses were originally domesticated and trained for farming and herding purposes, work which required them to respond to their rider whatever terrain and difficulties they may face.

The sport is a highly refined and sophisticated demonstration of these activities, but with the added required quality of elegance and speed of execution.

It comprises 3 phases. Dressage, Ease of handling, Speed and, at International level, cattle penning .

The dressage phase is much like that of a normal dressage test although some of the movements are performed slightly differently. At the highest level it involves some Grand Prix movements being performed with the use of just one hand.

The ease of handling test consists of a course of obstacles, replicating those that may be found when working in the countryside. For example, a gate, a bridge and a jump. There are also other more technical obstacles such as the parallel slalom, straight slalom and barrels all of which at Advanced level require the horse and rider to perform flying changes in specific places in order to perform the obstacle correctly. Riders are given a mark out of ten for precision, submission and ease of movement for each obstacle. The speed test involves some or all of the same obstacles tackled in the ease of handling test but is purely marked on the time it takes for the horse and rider to complete the course. Time faults and bonuses can occur ac-



cording to specific obstacles

Working Equitation is a real test of the horses temperament and training, the riders skill and ability and of course the relationship between horse and rider." Find out more on their website—

http://www.workingequitation-gb.com/

At riding club level the competition is enormous fun. Training for the obstacle phase helps your horse gain confidence and helps him learn to negotiate some of the issues he may encounter out on the trail.

The club holds friendly monthly training sessions, at Wanley House in Fontwell, with experienced trainers, Cayley Parsons and Tracey Simon, who are both past and present members of the GB squad. Look out for dates on the GDRC Facebook group or in the events section of our website.

Most of the obstacles can be easily recreated at home, if you have access to a sand school so you can practise between training sessions.

There are lots of videos on YouTube if you want to see what it looks like, but don't let it put you off! These riders are all at the top of their game. Working Equitation starts at Walk and Trot level!

On the <u>Horse and Rider</u>, website there is a brilliant blog with gives an introductory exercise to try.

https://horseandrider.com/blog/take-a-stab-atworking-equitation



ant to ride in the stunning landscape of the South Downs and Angmering Estate? Join us on our sponsored ride in aid of The Kent, Surrey and Sussex Air Ambulance over the South Downs on 2nd September 2018. Routes are finalised and will include Worthing Gun club area, Angmering Park, out towards Burpham, and across the downs. You can choose 5 miles-10 miles or 15 miles (distances approximate) most of which will be on bridleways and

maps will be provided. We will start and finish at the Fox pub at Patching. We will start at 10am when sponsorship forms and money will be collected. Entries are £9 including a £4 first aid fee and we would ask you to promise to raise at least £20 in Sponsorship. Entries are now open on www.gdrc.co.uk and on receipt of your entry a sponsorship form will be forwarded to your address. The course will be fully marshalled and a paramedic will be onsite.

he Kent, Surry and Sussex Air Ambulance is a charity that seems particularly relevant to our sport as we can sometimes get into difficulties in the most remote of areas. The organisation operates two aircraft – one from their Marden base in daylight hours, and the other from their Redhill base 24 hours a day. This means that no matter where you are in Kent, Surrey or Sussex, you are never more than 20 minutes away from the life-saving care that only they can bring directly to your side. As a charity, they rely almost entirely on donations and fundraising, and without this support, they simply could not continue their life-saving work.

The Kent, Surrey & Sussex Air Ambulance



SJXC

A very successful Show Jumping Cross Country Event was held on 1st of July and we had over 30 entries. There was a course of between 15 and 20 Show Jumps over the undulating land and around the woods of Castle Goring. All the fences were knock-down-able. The rider goes through the start and jumps round the course to the finish; the whole course it timed. If the horse knocks down a jump that is 4 faults, if the horse refuses a jump that is also 4 faults. In the case of a refusal you then go on to the next jump rather than trying to re-take the jump again. Therefore every horse will get round the course with a maximum of just 4 faults at each jump. SJXC is the kind of event that GDRC specialises in-a friendly, supportive and relaxed atmosphere and classes to suit all abilities from lead rein to 100 cm. The 50 and 60 cm classes were the most popular, and it was fantastic to see so many riders willing to just have a go! Look out for our next SJXC on 9th September.



I make no apology for using this picture of me in the SJXC Competition last year. This and my entry this year at 50cm are among the proudest moments of my life. Coming to horses late in life and entering jumping competitions for the first time, I could not have done it without the support and encouragement of our lovely riding club.

hat's your horsey story? Don't keep it to yourself! Share with your fellow riding club members. Send your story to me at highlandmac13@gmail.com and I'll include it in the next edition in the Autumn.



If you have enjoyed entering a GDRC Event this year, these are the people you really need to thank. They have given up their time so that you can have a good one. So give it up for -

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☆	Helen Yeo,	Roxanne Brown,	\bigstar
☆	Wayne Heaver,	Woody,	\bigstar
☆	Linda Kidby,	Terri Yates,	\bigstar
☆	Davy May,	Ami Griffiths,	\bigstar
☆	Amanda Gait,	Daisy-Mae Griffiths,	\bigstar
	Teresa Jones,	Amanda Nimmo,	\bigstar
	Tina Cook,	Alyssa Nimmo,	\bigstar
	Lisa Hilder,	Pat Paris,	\bigstar
	Hilary Matthews,	Graeme Burton,	☆
	Barry Tuck,	Fraser Squires,	\bigstar
	Mary Parsons,	Evie Squires,	\bigstar
	Heather Hopkins,	Julie Card,	\bigstar
	Luke Moore,	Kirstie Thomas,	\bigstar
$\frac{1}{2}$	Sarah Schildkamp,	Kate Sigournay	\mathbf{X}
	Danielle Lee,	Clare Howell.	$\frac{1}{2}$
$\frac{1}{2}$	Julie Martin,	Heather Rowlinson-	$\frac{1}{2}$
· · ·	Sharon Overington,	Jones,	$\frac{1}{2}$
	Maggie Williams,		$\stackrel{\sim}{}$
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Hot News!

Our super talented junior member, and dressage star of the future, Xaria Overy has qualified for GDRC to ride a Novice test in the NAF Magic Junior Dressage Championships at Lincoln later this year. Well done and

good luck from all of us at GDRC



Dates for your Diary

	25th Aug	Rachel Cargill clinic
	2nd Sept	SponsoredRide
	1st/2nd Sept	BRC National Championships
	2nd Sept	Area Regional Festival Dr, SJ Style&RT
	2nd Sept	Sponsored Ride Worthing
	9th Sept	Rodd Brickwork SJXC
	16th Sept	GDRC Summer Dressage
	16th Sept	Clear Round Jumping
	28th/30th Sept	6
;	29th Sept	BRC Quadrille Selection
	30th Sept	Open Showing & SJ Show
	TBA Oct	Working Equitation Training
•	TBA Oct	Tack Sale
	13th Oct tbc	Rachael Cargill SJ Clinic
	14th Oct	L&SE Novice Championship
	20th Oct	Quadrille Final
	21st Oct	GDRC Summer Dressage Championship
	21st Oct	Clear Round Jumping
	21st Oct	rea DTM L&SE Championship
	For more details—see our events page	